



WILD
mAYO
500**U**LTRA



**RACE
BOOKLET**





Contact Details

RACE DIRECTOR: Pdraig Marrey - 087 7992857

ASSISTANT RACE DIRECTOR: Bryan Hyland - 086 1740860

RACE HOTEL: Clew Bay Hotel

Emergency Service Details

EMERGENCY AMBULANCE: 999 / 112

WEST DOC: 1850365000

AN GARDA (WESTPORT): 098 25555

Categories

SOLO

TEAM OF TWO

TEAM OF FOUR

The Mayo Ultra events are supported by



**WILD
MAYO
500ULTRA**

RACE MAP



Time Stations locations

Time Station	Where	Distance	Townland	20km/h average	25km/h average	30km/h average
START	Clewbay hotel	0	James St. Westport	00:00:00	00:00:00	00:00:00
1	Hall on left handside	28.7k	Killeen	1:27:00	1:10:00	0:58:00
2	Gaynors Pub, right hand side	57k	Leenane	2:51:00	2:16:00	1:54:00
3	Aldi, right hand side	102.9k	Ballinrobe	4:40:00	4:07:00	3:26:00
4	The Square, right hand side	147.5k	Ballyhanuis	7:22:00	5:54:00	4:55:00
5	Church, right hand side	169.5k	Kilmovee	8:28:00	6:46:00	5:39:00
6	Crossing the river Moy	221.2k	SIGN IN BALLINA TOWN. Have to have passed through before Time cut of 10hrs	11:03:00	8:50:00	7:22:00
7	Seaview Lounge Bar and Filling Station, left hand side last filling station for a while	260.5k	Ballycastle	13:01:00	10:25:00	8:41:00
8	Eurospare, left hand side	307k	Barnatra	15:21:00	12:16:00	10:14:00
9	Sweeney's Supervalu, right hand side	373.5k	MANDATORY SIGN IN. Have to get here before 22hrs has passed to be allowed to continue.	18:40:00	14:56:00	12:27:00
10	HIGHEST POINT OF THE EVENT 413M	398.7k	MINAUN HEIGHTS TB	19:56:00	15:56:00	13:17:00
11	Turn around arrow	421.5K	Keem beach TB	21:00:00	16:51:00	14:13:00
12	Sweeney's Supervalu, left hand side	452.1k	Achill sound	22:36:00	18:05:00	15:04:00
13	Marian Institute, left hand side	482.7	Furnace	24:08:00	19:18:00	16:05:00
14	Timing finished at top of Minister Hill (Tennis court right handside), relax and cycle easy and safely to finish line	499.4k	Westport	24:58:00	19:58:00	16:38:00
15	Finish at the Clewbay Hotel, left hand side	500.5k	James St. Westport	25:01:00	20:01:00	16:41:00



The chart shown above has "Time in Transit" values according to various average speeds; this will be useful for planning rest periods and for spectators etc. Add in time in hrs:mins to your departure time to give you an estimated arrival time at each check in station.

- All riders *except un-supported* are required to log there details (arrival time and name) at each of the 15 check points listed above.
- Some of these check points will be manned and your race crew must notify the race personnel on duty of your arrival time.
- Any un-manned checkpoints will require crew to text in your location and time details to the race organisation on the number provided below.
- Failure to log your time at the checkpoint will result in a time penalty.
- You log your time in the following format (Name, Location i.e., Station 12)
- The route is not wayward marked
- The primary source of navigation is the race route book
- GPS files are available.

TEXT:

Team/Rider name
check point number
time of arrival
to 087 7992857 by SMS



Route Directions

Ref.	Type	Townland	Distance (km) From Start
	Start	The Clewbay Hotel	0
0.5	Left	Turn left onto Leenaune Road, N59	0.6
0.6	Right	Turn right onto R335	0.9
20.1	Straight	Continue onto R378	21
0.9	Slight Left	Keep left	21.9
6.8	Left	Turn left onto L1832 CHECK POINT Killeen Hall on the Left	28.7
5.5	Right	Turn right onto R335	34.2
19.5	Right	Turn right onto N59	53.7
3.3	Left	Turn left onto R336 CHECK POINT Gaynors on the right	57
7.4	Sharp Left	Turn sharp left onto L1301	64.4
4.3	Left	Turn left onto L1301	68.7
3.3	Right	Turn right onto L1301	71.9
2.2	Right	Turn right onto R300	74.2
10.1	Left	Turn left onto R300	84.2
2.5	Slight Left	Keep left onto R345	86.7
5.8	Left	Turn left onto R345	92.5
0.8	Left	Turn left onto R345	93.3
4	Left	Turn left onto R334	97.4
	Right	Aldi on the right, CHECK POINT	102.9
6	Sharp Right	N84	103.3
8.4	Left	Turn left onto R332	111.7
3.2	Left	Turn left	114.9
10.4	Right	Turn right onto L1510	125.3
3.7	Left	Turn left onto Main Street, N17	129
0.2	Right	Turn right onto Ballyhaunis Road, L1511	129.2
7.1	Left	Turn left onto R327	136.3
0.3	Right	Turn right onto L1513	136.5
1.8	Right	Turn right onto N60	138.3
9.2	Left	Turn left onto Bridge Street, N83	147.5
0	Right	Turn right onto Knox Street, N83, CHECK POINT The Square on the right	147.5

Route Directions

Ref.	Type	Townland	Distance (km) From Start
0.9	Right	Turn right onto R293	148.4
7.1	Left	Turn left	155.5
0.6	Right	Turn right	156.1
0.1	Left	Turn left onto R293	156.2
3.3	Left	Turn left onto R293	159.4
5	Left	Turn left	164.4
2.5	Left	Turn left	166.9
1.5	Left	Turn left	168.4
0.1	Right	Turn right	168.6
0.9	Right	Turn right, CHECK POINT Church on the right	169.5
0.3	Left	Turn left onto R325	169.8
0.1	Left	Turn left onto L1908	169.9
7.5	Left	Turn left onto L1331	177.3
0.6	Right	Turn right onto L1306	177.9
2.9	Left	Turn left onto L1305	180.8
0	Right	Turn right	180.8
1.5	Slight Left	Keep left onto L8510	182.3
0.1	U Turn	Make a U-turn onto L8510	182.4
0.1	Sharp Left	Turn sharp left	182.4
3.4	Left	Turn left onto N17	185.8
0.1	Left	Turn left onto Banada Road, L4504	185.9
3.3	Left	Turn left	189.2
7.9	Right	Turn right	197.1
4	Left	Turn left onto R294	201.1
20.1	Right	Turn right onto Abbey Street, R294	221.2
0	Left	Turn left onto Abbey Street, N59, CHECK POINT crossing the river Moy	221.2
0.1	Right	Turn right onto Emmet Street, N59	221.3
0.3	Slight Left	Keep left onto N59	221.6
0	Slight Left	Turn slight left onto Pearse Street, N59	221.6

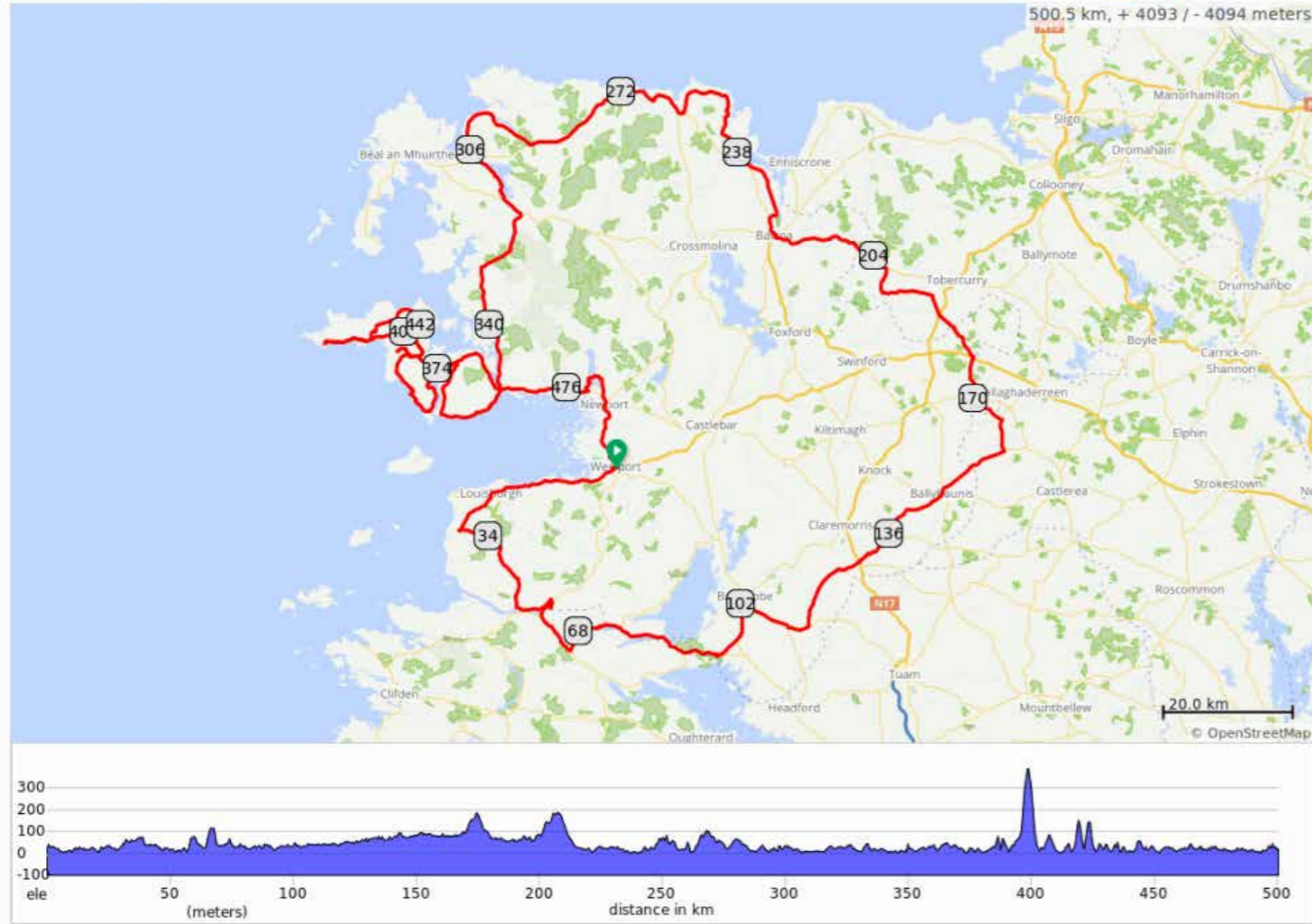
Route Directions

Ref.	Type	Townland	Distance (km) From Start
0.2	Right	Turn right onto Humbert Street, N59	221.8
0.4	Right	Turn right onto Killala Road, R314	222.2
2.5	Right	Turn right	224.7
1.2	Left	Turn left	225.9
9.1	Right	Turn right onto R314	234.9
1.1	Right	Turn right onto Market Street, R314	236.1
4.3	Right	Turn right	240.4
2.5	Left	Turn left	242.9
1.7	Right	Turn right	244.6
1.6	Slight Left	Keep left	246.2
3.6	Slight Right	Keep right	249.8
10.6	Left	Turn left	260.4
0.1	Right	Turn right onto R314, CHECK POINT Sea view bar on the Left	260.5
29.1	Right	Turn right onto L1202	289.7
17.3	Left	Turn left onto R314	307
0	Right	Turn right	307
0	Left	CHECK POINT Eurospare on the left	307
7.6	Slight Left	Keep left	314.7
1.1	Left	Turn left onto R313	315.7
3.2	Right	Turn right onto N59	319
31.2	Left	Turn left onto N59	350.1
0.2	Right	Turn right onto L1404	350.3
20.9	Left	Turn left onto R319	371.2
	Right	Manadatory CHECK POINT SuperValue on the Right	373.3k
3.2	Left	Turn left onto L1405	374.4
7.8	Right	Turn right	382.2
0.1	U Turn	CHECK POINT Minaun Heights Make a U-turn	382.3
0.1	Sharp Right	Turn sharp right onto Atlantic Drive, L1405	382.4
5.9	Sharp Left	Turn sharp left onto L1405	388.2
2.6	Left	Turn left	390.9

Route Directions

Ref.	Type	Townland	Distance (km) From Start
0.3	Right	Turn right	391.1
0.4	Slight Right	Turn slight right	391.5
4.3	Sharp Left	Turn sharp left	395.8
2.9	U Turn	Make a U-turn	398.7
2.9	Left	Turn left	401.7
1.6	Left	Turn left onto R319	403.2
18.2	U Turn	CHECK POINT Keem Beach Make a U-turn	421.5
8.1	Left	Turn left	429.6
0.1	Slight Right	Keep right	429.7
0.1	Slight Right	Keep right	429.8
0.1	Slight Right	Keep right	429.9
0	Slight Right	Keep right	429.9
0.2	Slight Right	Keep right	430
0.2	Slight Right	Keep right	430.2
0.2	Slight Right	Keep right	430.5
0	Slight Right	Keep right	430.5
0.7	Left	Turn left onto Slievemore Road	431.2
1	Right	Turn right	432.2
7.8	Right	Turn right onto L1406	439.9
4.4	Left	Turn left onto R319	444.3
20.8	Slight Right	Turn slight right onto N59	465.2
14	Left	Turn left	479.1
2.8	Right	Turn right	481.9
	Left	CHECK POINT Marine institute on the Left	482.7
1.7	Right	Turn right	483.6
2.9	Straight	Continue onto L1402 Cahergal	486.5
0.7	Left	Turn left onto N59	487.2
11.5	Straight	Enter roundabout	498.7
0.1	Straight	At roundabout, take exit 2 onto Newport Road, N59	498.8
	Straight	Timing over, NEUTRAL to finish	499.4
		End of route Clewbay Hotel right handside FINISH, Congratulations you are an Ultra finisher"	500.5

Wild Mayo Ultra 500k 2023



• • • IMPORTANT NIGHT TIME NOTICE • • •

- Night hours between 7pm and 7am please have appropriate lights and wear high viz.
- Crew must wear high viz also during these hrs.
- Deviations may be in place and are there for rider safety. Please adhere to the rules of the event.



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